



Your Health. **MY PURPOSE.**

EARLY EXPERIENCE AS A DIETARY AIDE SET OLGA GARCIA ON A PATH TO BECOME THE SUPERVISOR OF NUTRITION SERVICES AT SOUTH TEXAS HEALTH SYSTEM® MCALLEN.

More than four decades ago, Olga Garcia saw a need and rose to meet it. "When I started out taking food trays to patients, I saw an opportunity that allowed me to engage with patients and help them in any way possible," Garcia says. Since then, she has risen to the role of Supervisor of Nutrition Services. In this role, she knows she is making a difference in patients' lives.

"Everybody works as a team at South Texas Health System," Garcia says. She feels accomplished at the end of each day and, despite a career that has lasted 44+ years, she has no plans to stop. "My experience for all these years has been wonderful," she says.

"South Texas Health System has become my second home."

#MySTHS

Learn more about our services at
southtexashealthsystemmcallen.com



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